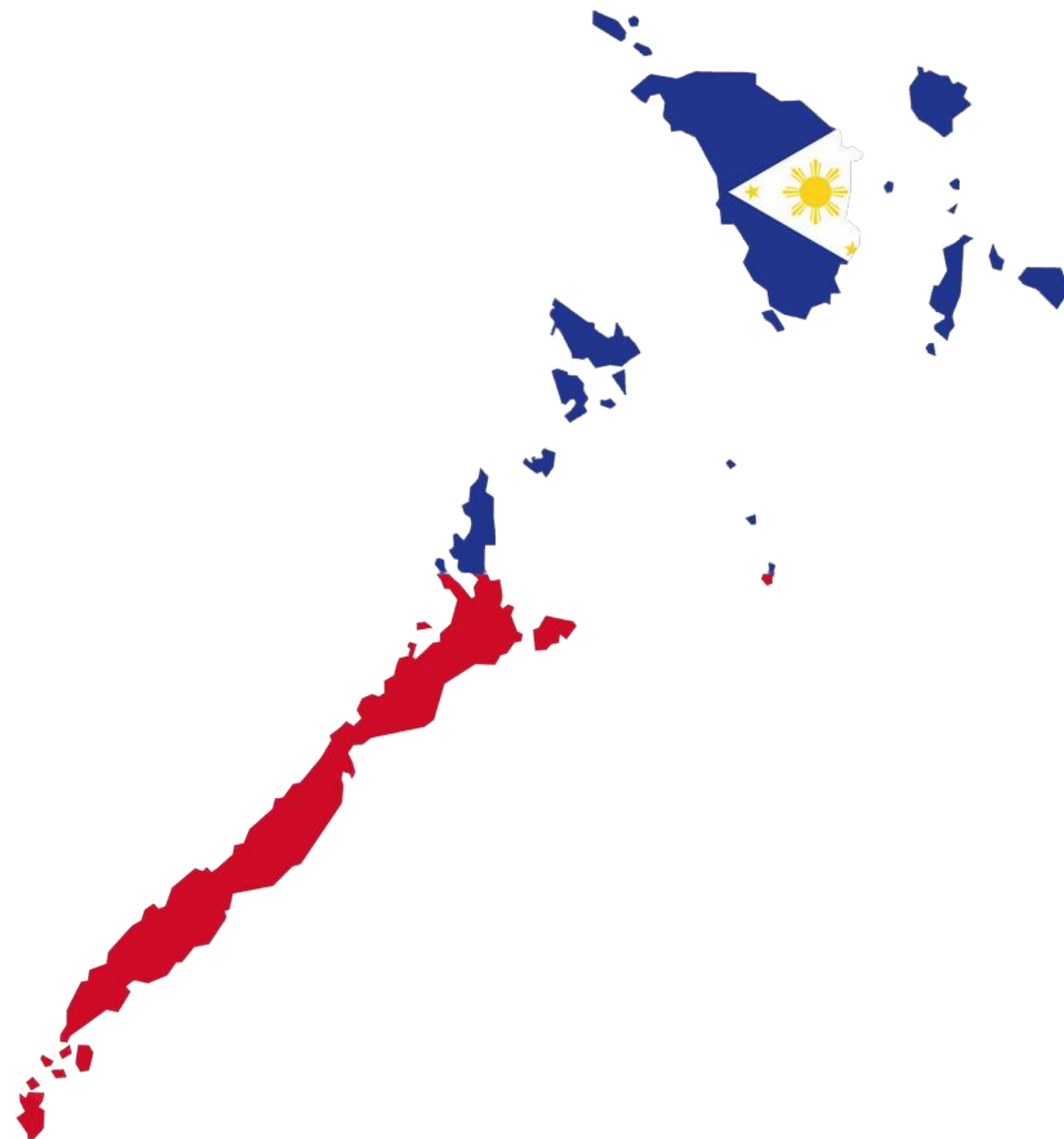




2022 MIMAROPA NUTRITION SITUATION



Reference: 2022 e-OPT Plus Results



2022 Regional Summary

377,602

Estimated number of 0–59 months preschoolers

275,355

Actual number of preschoolers weighed
(*49,174 are indigenous preschool children*)

72.9%

2022 e-OPT+ Coverage (2021 Coverage: 74.5%)





2022 Regional Summary

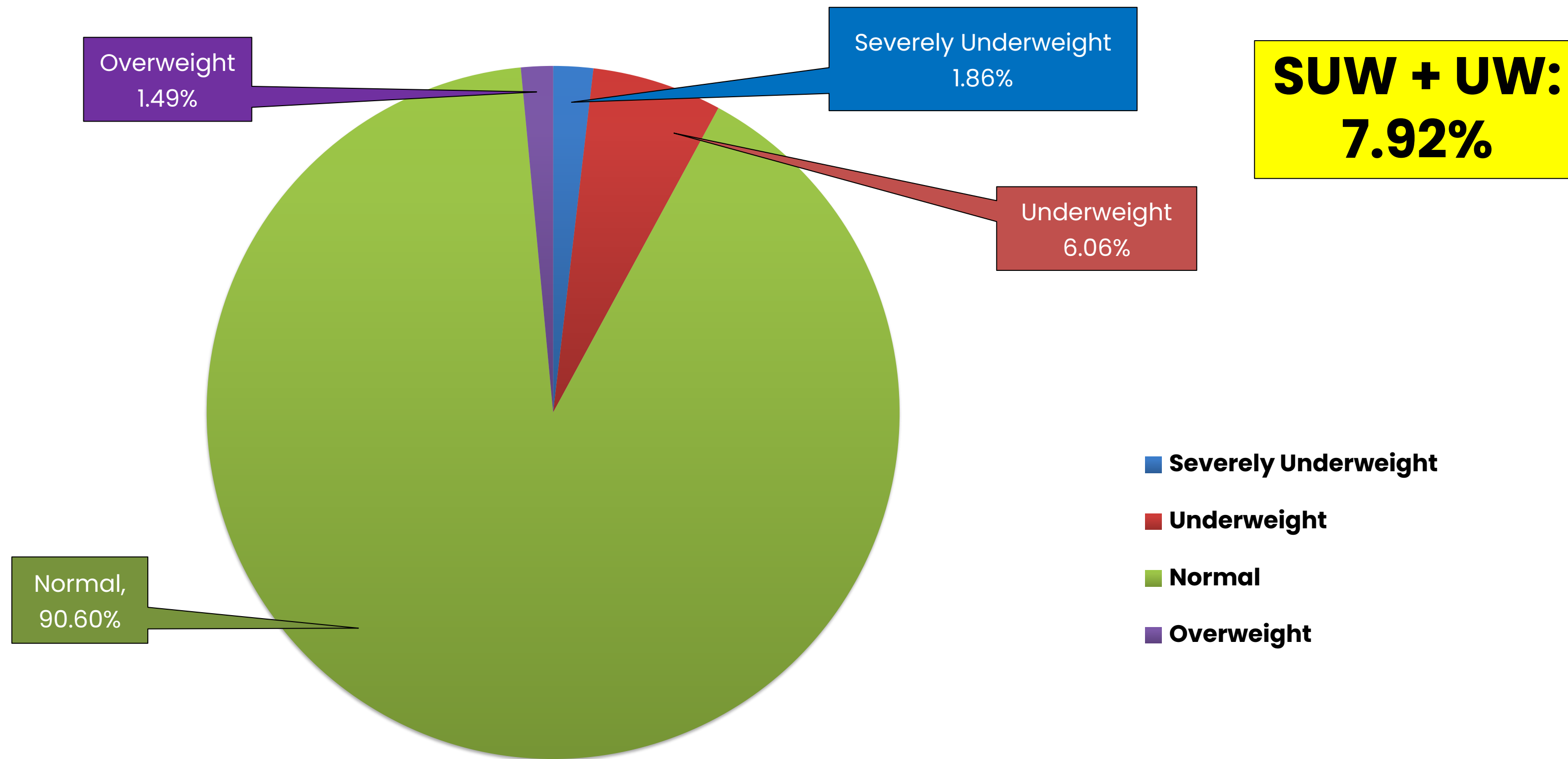
| PROVINCE/CITY | ESTIMATED NO. OF CHILDREN 0-59 MONTHS OLD | ACTUAL NO. OF WEIGHED 0-59 MONTHS OLD | E-OPT PLUS COVERAGE | |
|----------------------|---|---------------------------------------|---------------------|---------|
| | | | 2021 | 2022 |
| Marinduque | 27,335 | 16,668 | 64.7% | 61.0% ↓ |
| Occidental Mindoro | 63,122 | 51,372 | 84.1% | 81.4% ↓ |
| Oriental Mindoro | 104,948 | 69,345 | 81.0% | 66.1% ↓ |
| Palawan | 112,731 | 90,520 | 81.9% | 80.3% ↓ |
| Romblon | 35,614 | 22,825 | 67.6% | 64.1% ↓ |
| Puerto Princesa City | 33,407 | 24,633 | 66.4% | 73.7% ↑ |

Weight-for-Age



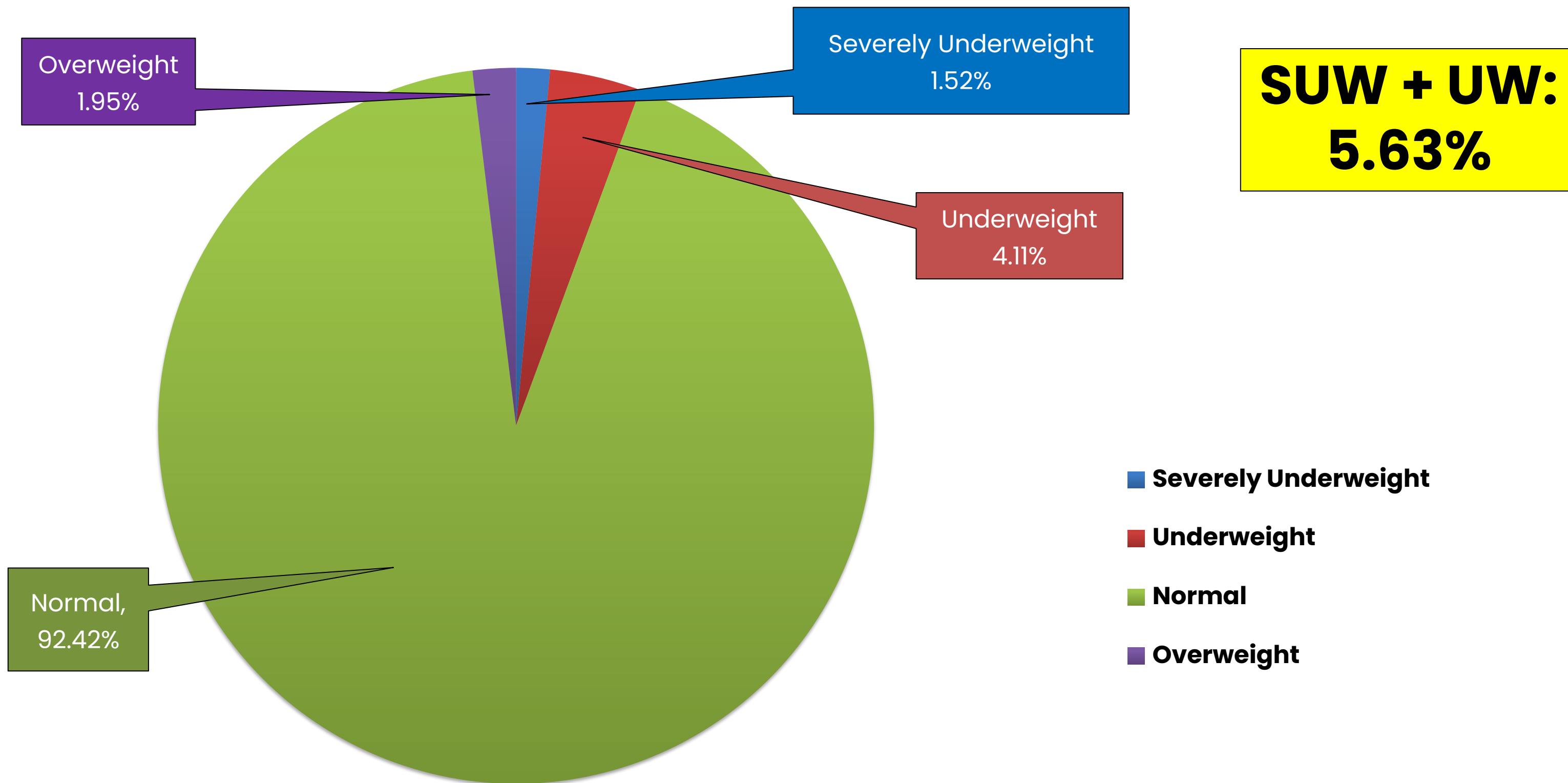


Weight-for-Age among 0 to 59 months old children

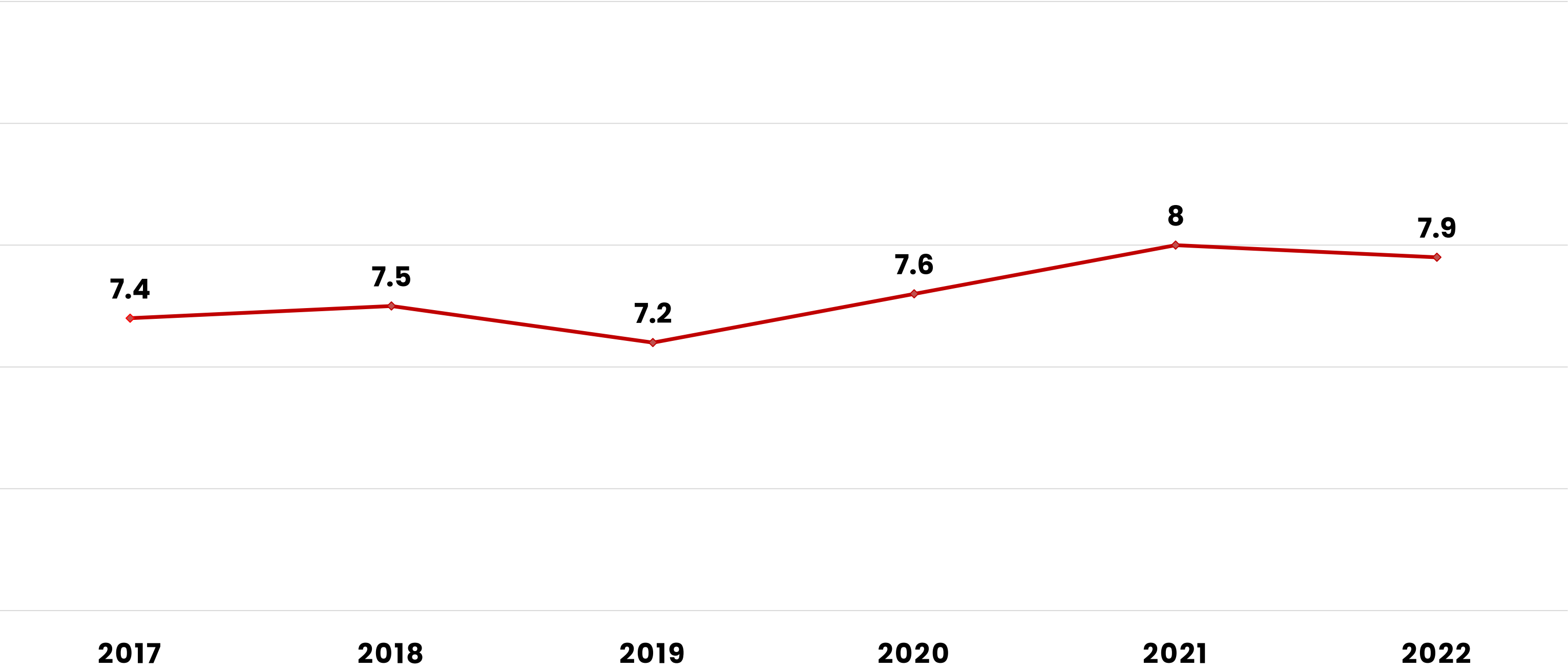




Weight-for-Age among 0 to 23 months old children

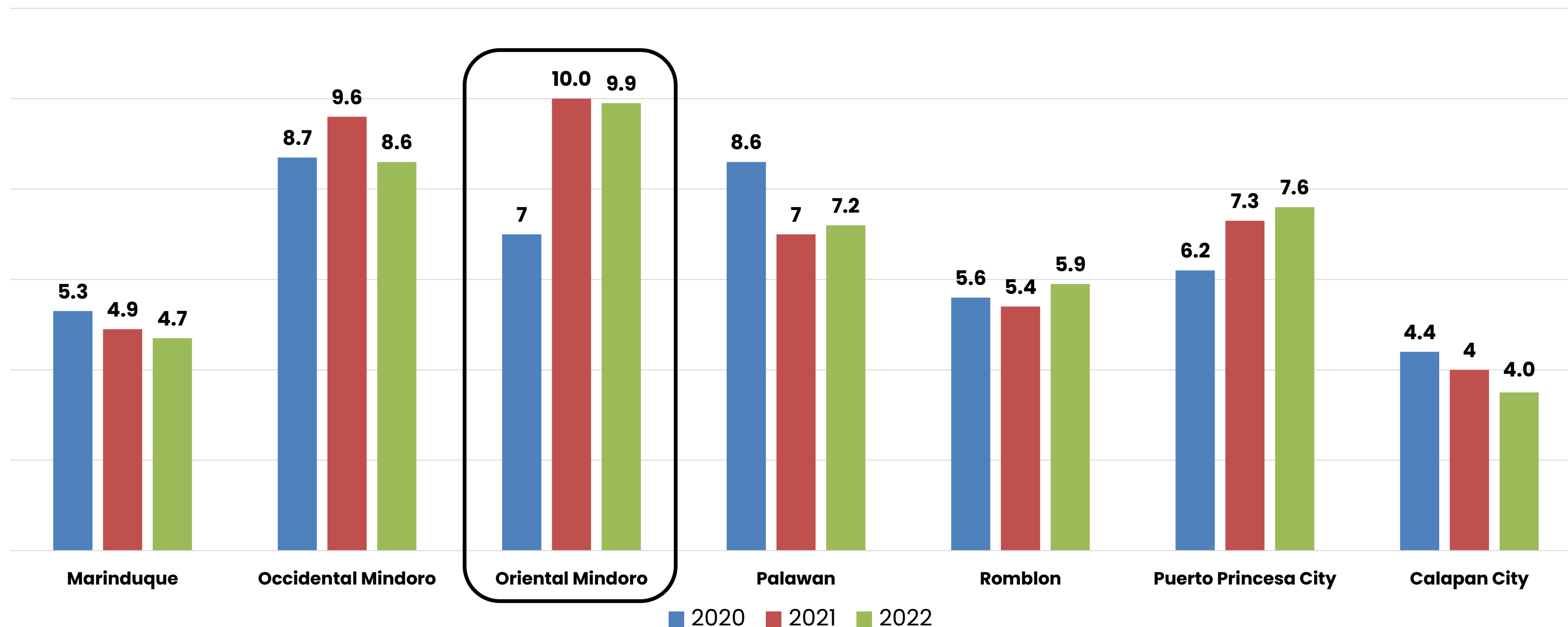


Prevalence Rate of **Underweight and Severely Underweight** among 0 to 59 months old children *(2017-2022)*





Prevalence Rate of **Underweight and Severely Underweight** among 0 to 59 months old children (2020-2022) by Province/City

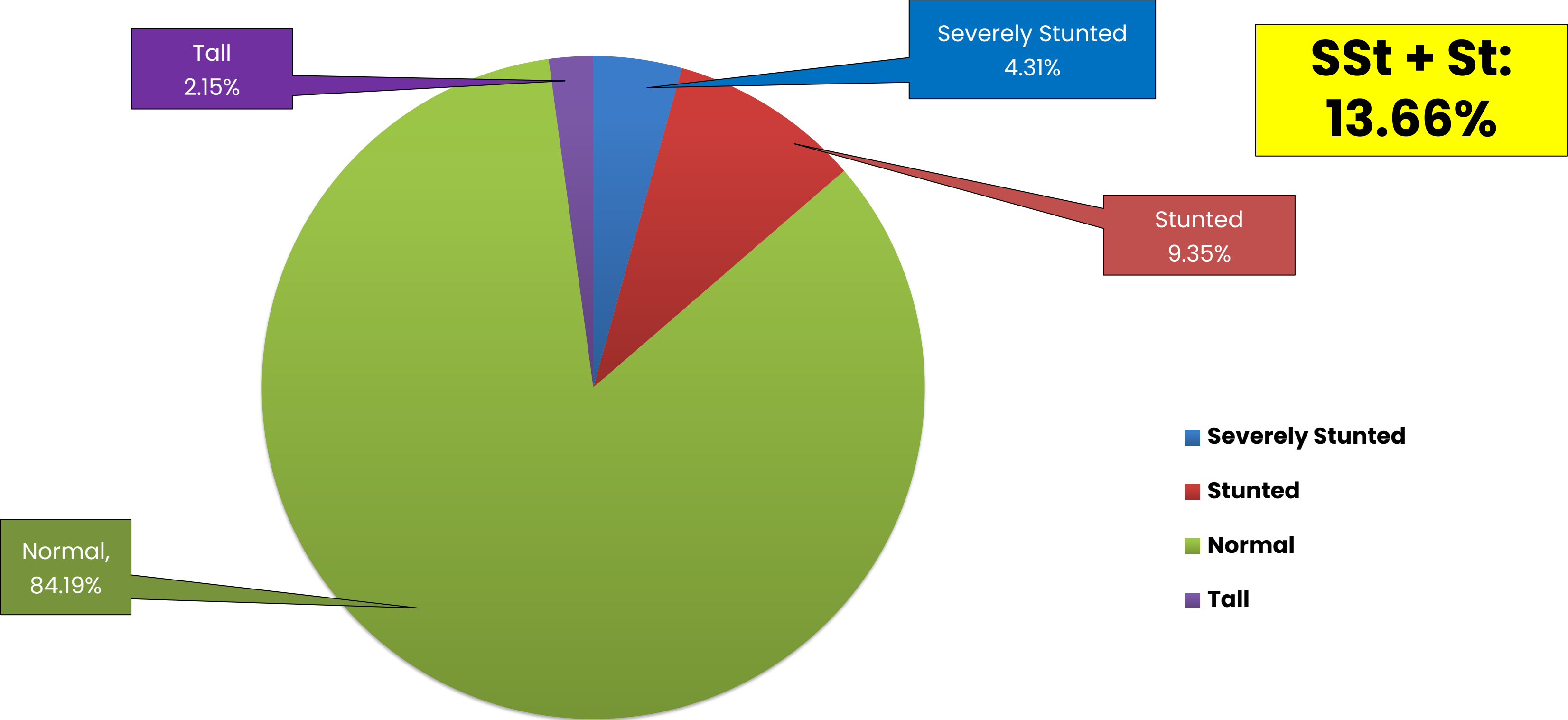




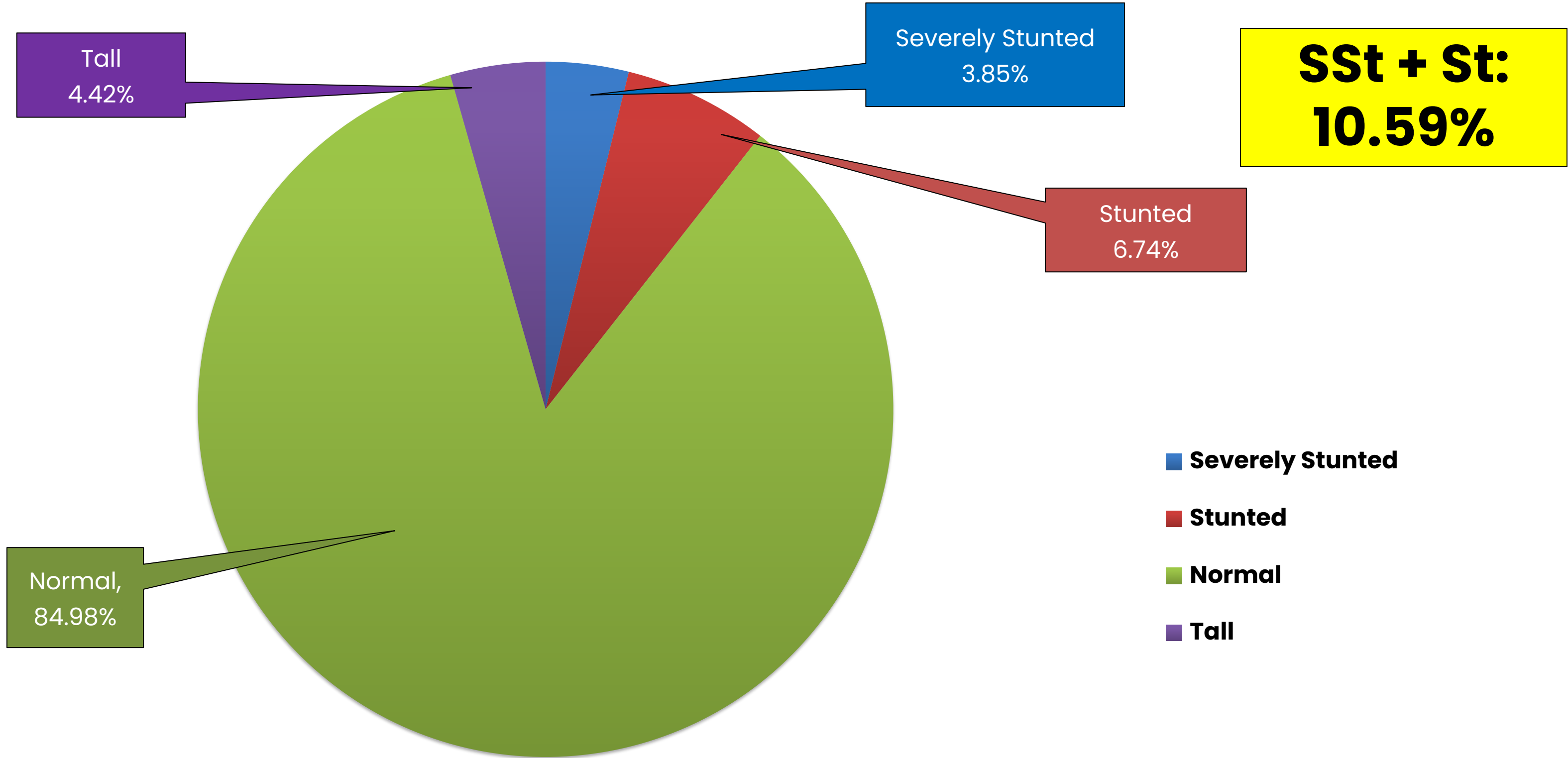
Length/Height-for-Age



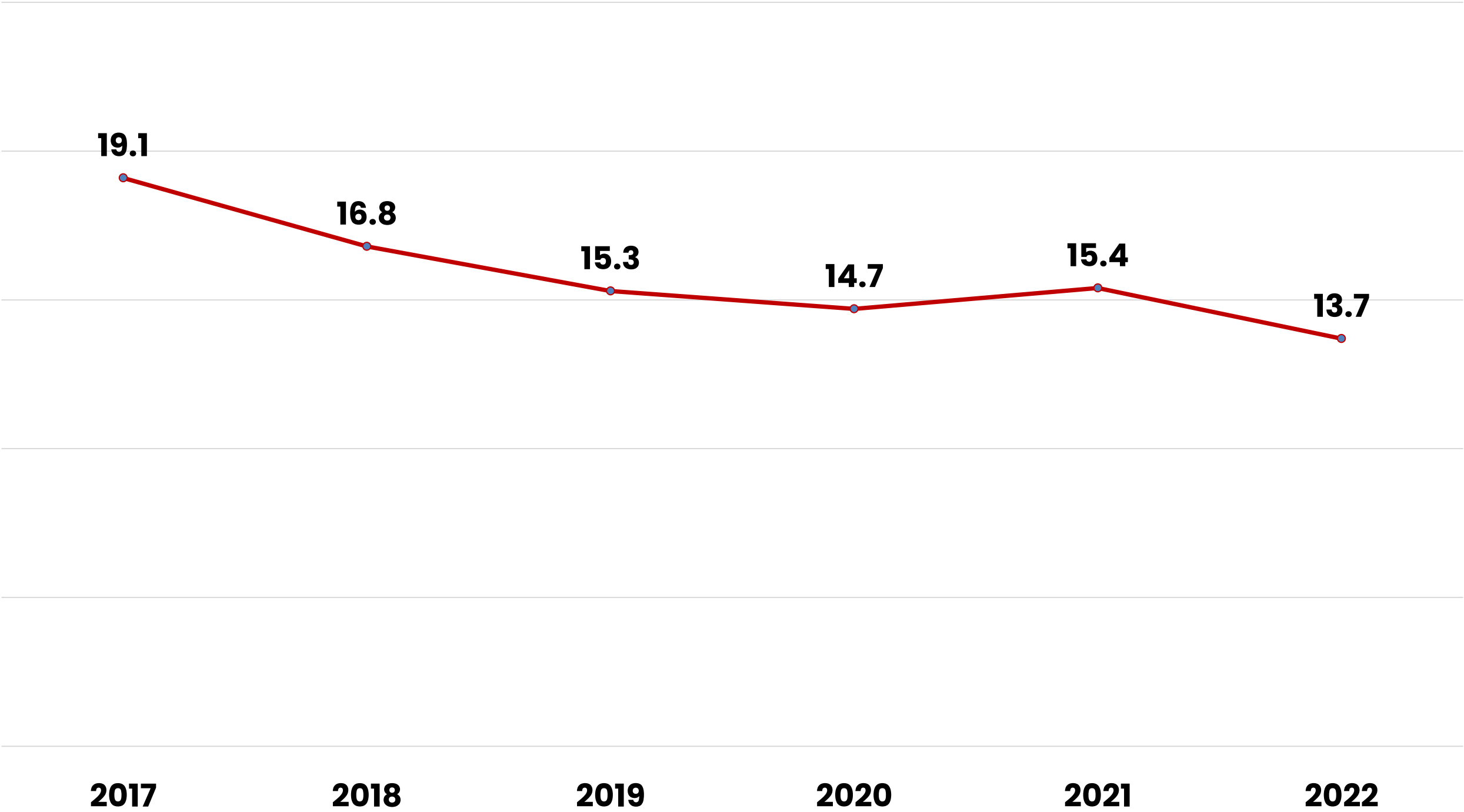
Length/Height-for-Age among 0 to 59 months old children



Length/Height-for-Age among 0 to 23 months old children

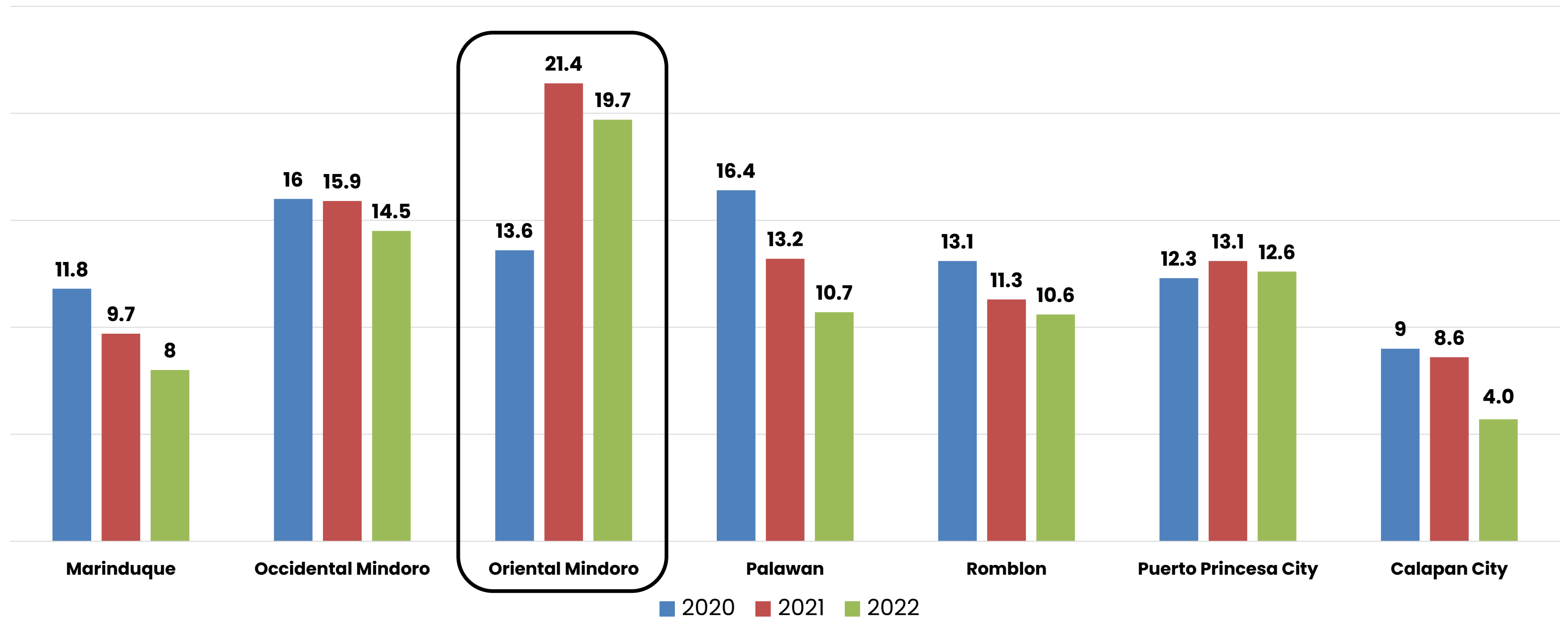


Prevalence Rate of **Stunted and Severely Stunted** among 0 to 59 months old children *(2017-2022)*





Prevalence Rate of **Stunted and Severely Stunted** among 0 to 59 months old children (2020-2022) by Province/City



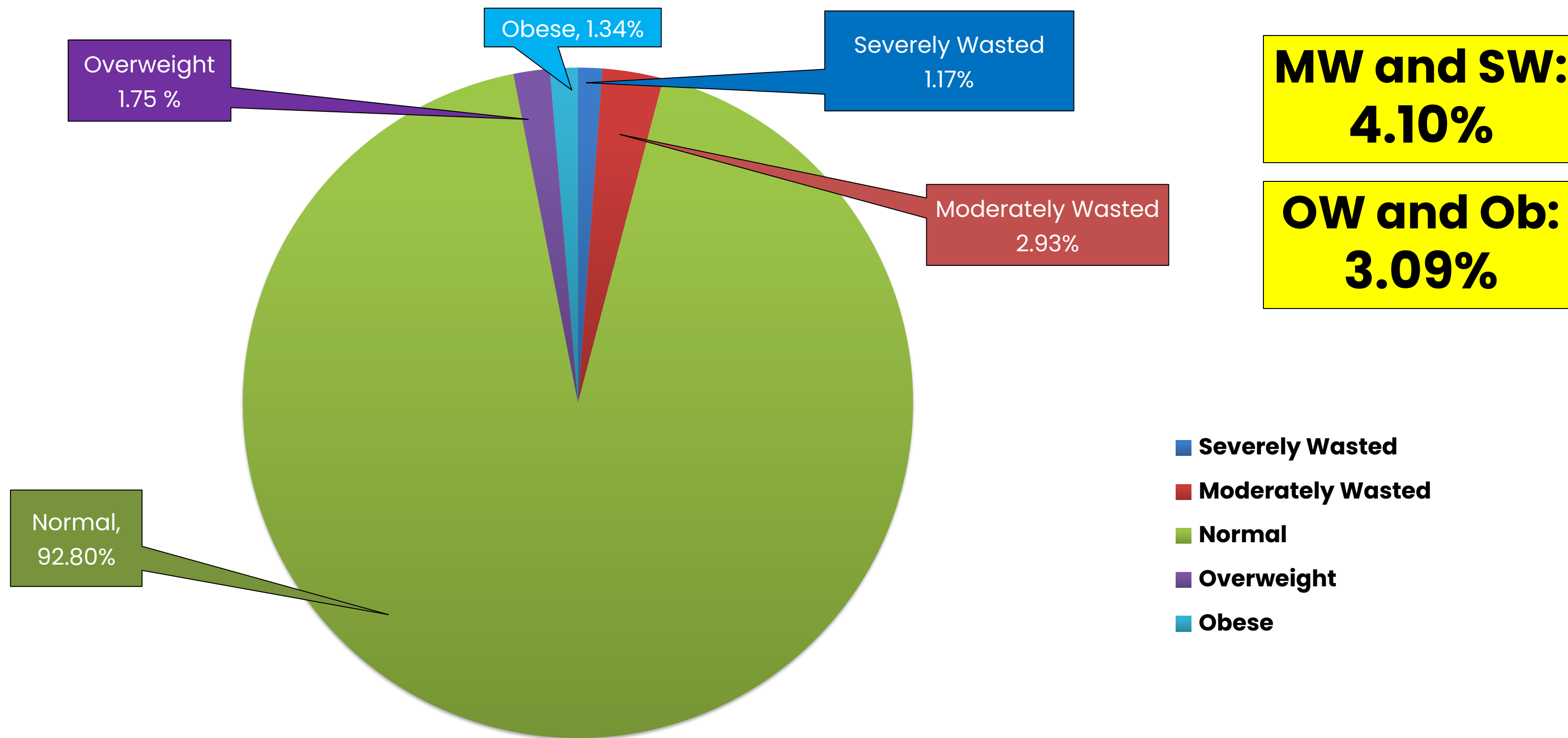


Weight-for-Length/Height



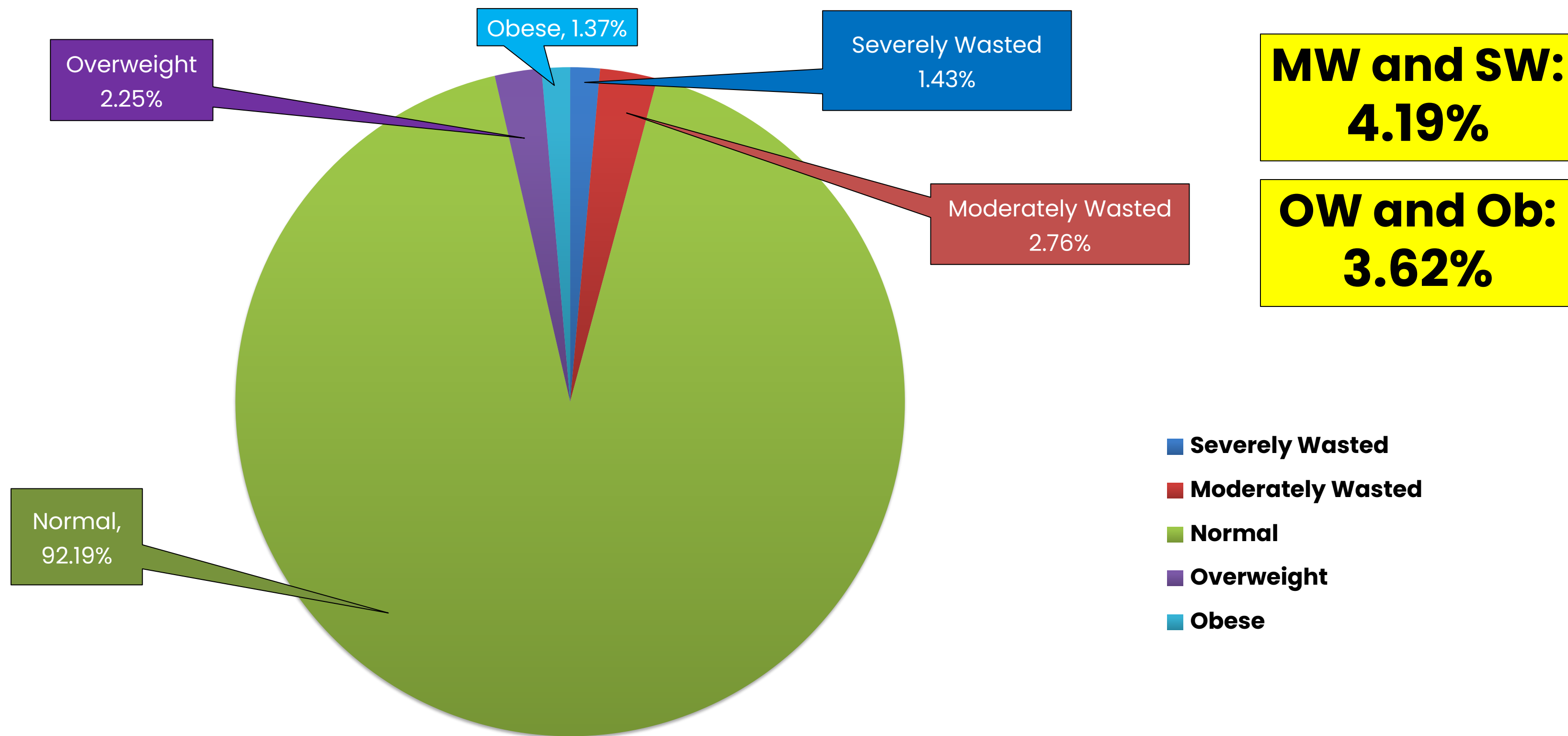


Weight-for-Length/Height among 0 to 59 months old children

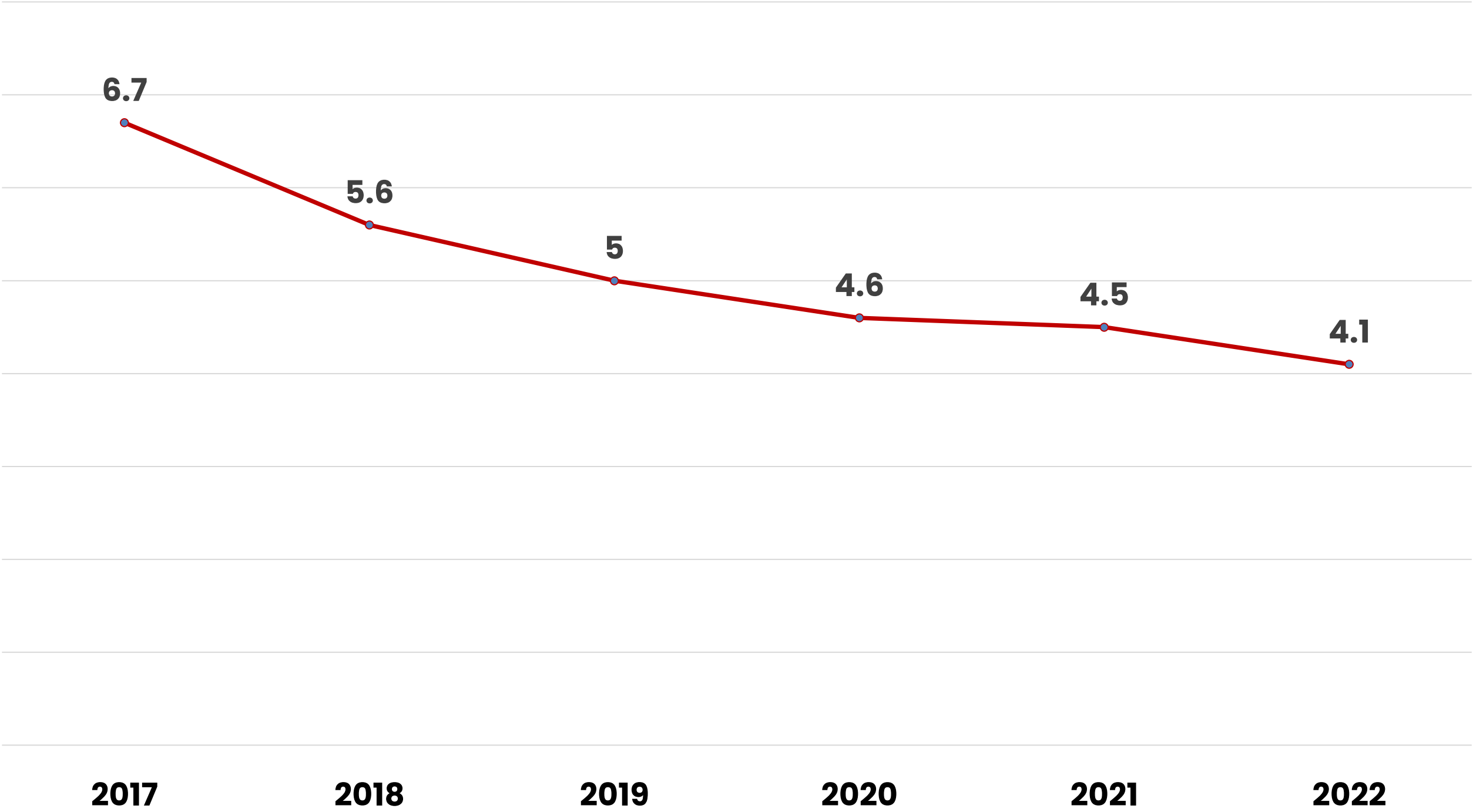




Weight-for-Length/Height among 0 to 23 months old children

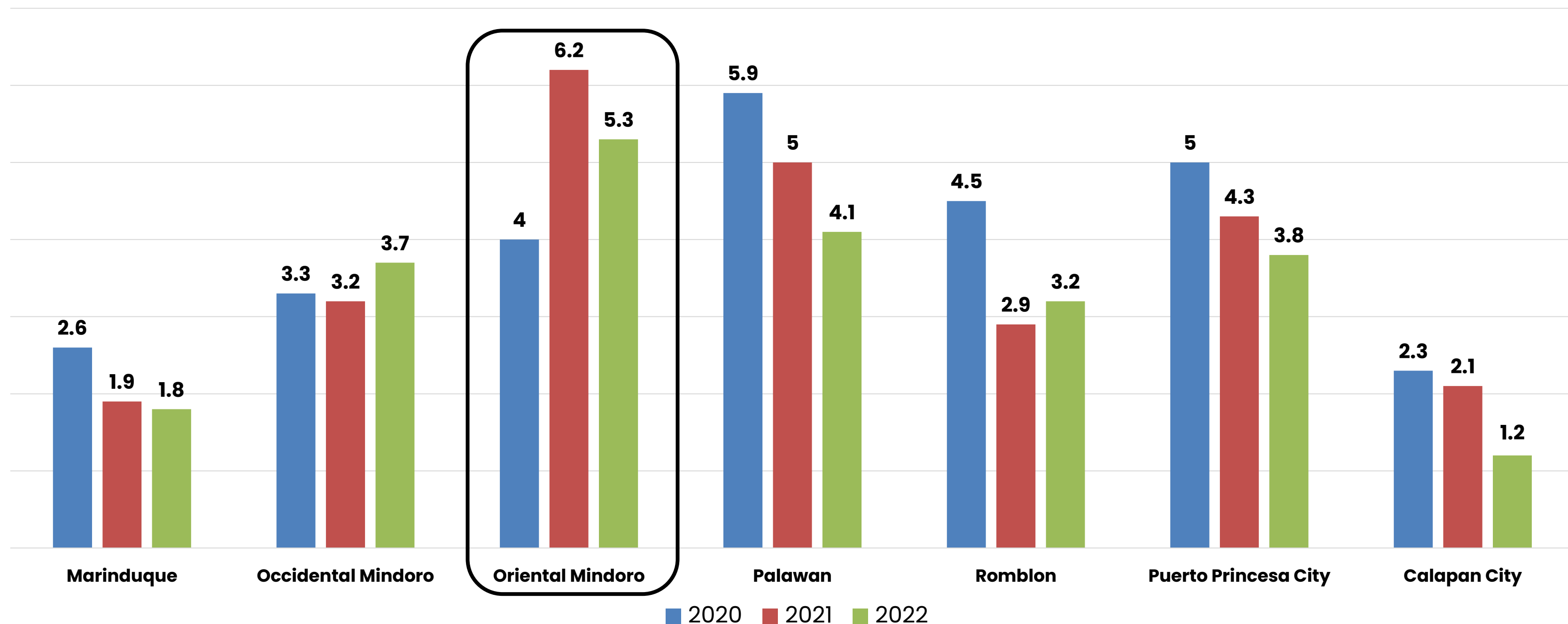


Prevalence Rate of **Moderately Wasted and Severely Wasted** among 0 to 59 months old children (2017-2022)

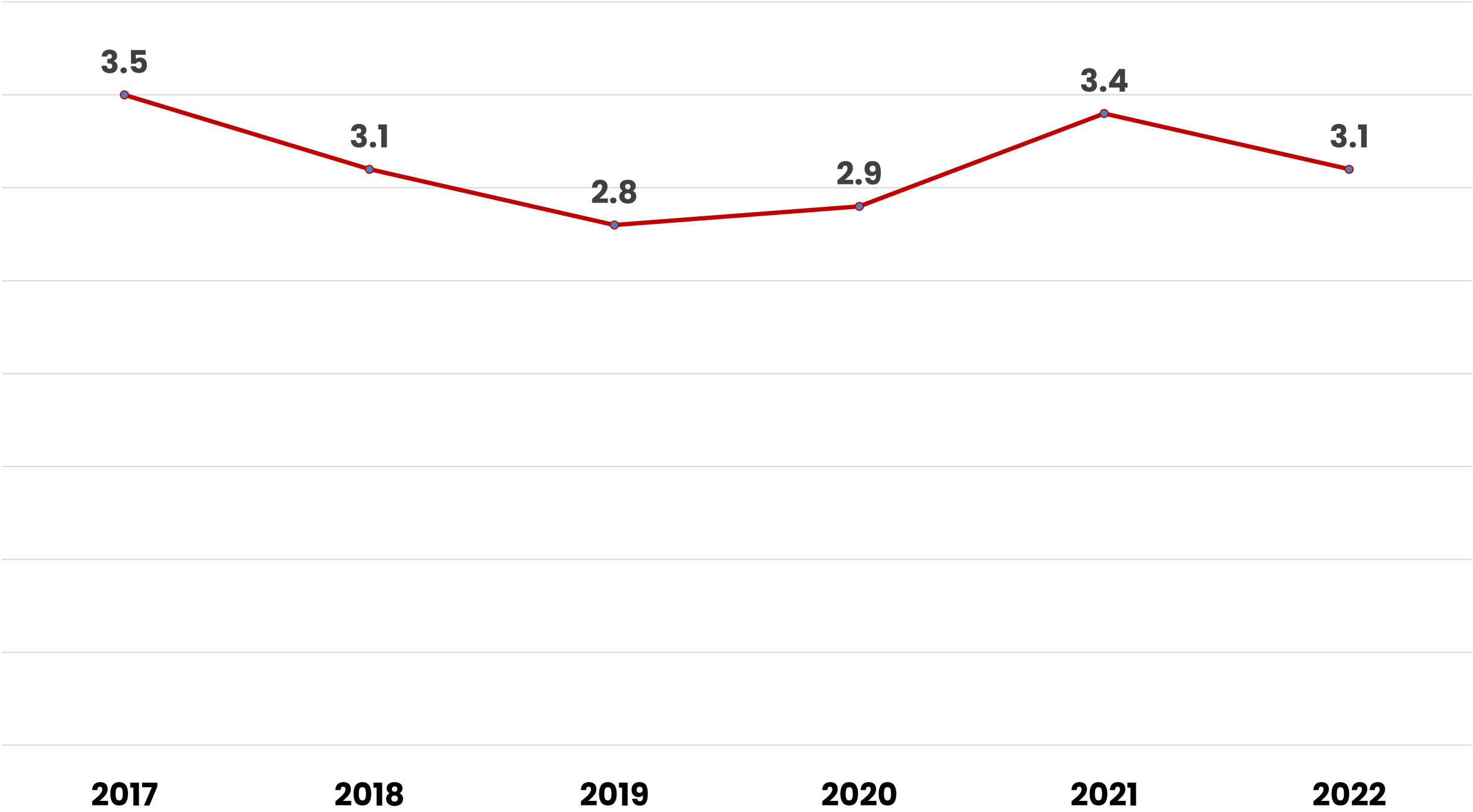




Prevalence Rate of **Moderately Wasted and Severely Wasted** among 0 to 59 months old children (2020-2022) by Province/City

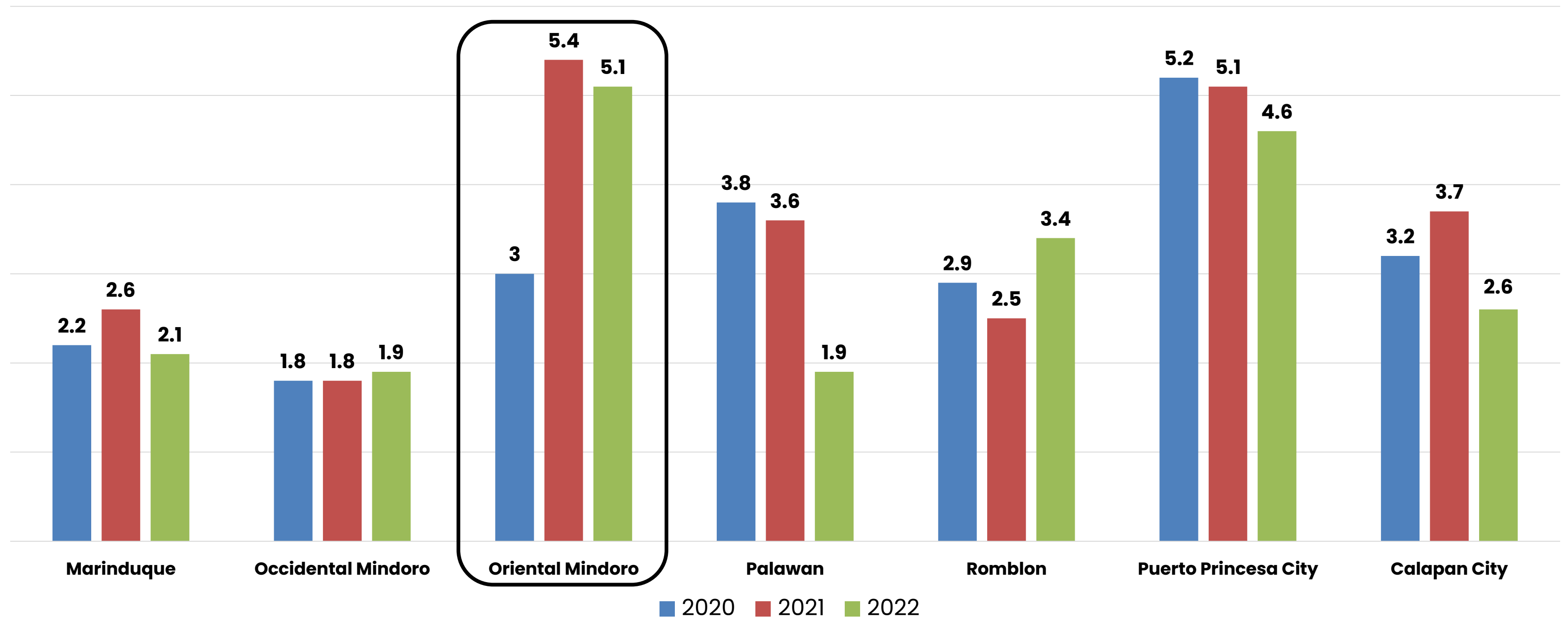


Prevalence Rate of **Overweight and Obesity** among 0 to 59 months old children *(2017-2022)*





Prevalence Rate of **Overweight and Obesity** among 0 to 59 months old children (2020-2022) by Province/City





Nutritional Status of Indigenous Peoples (IPs)

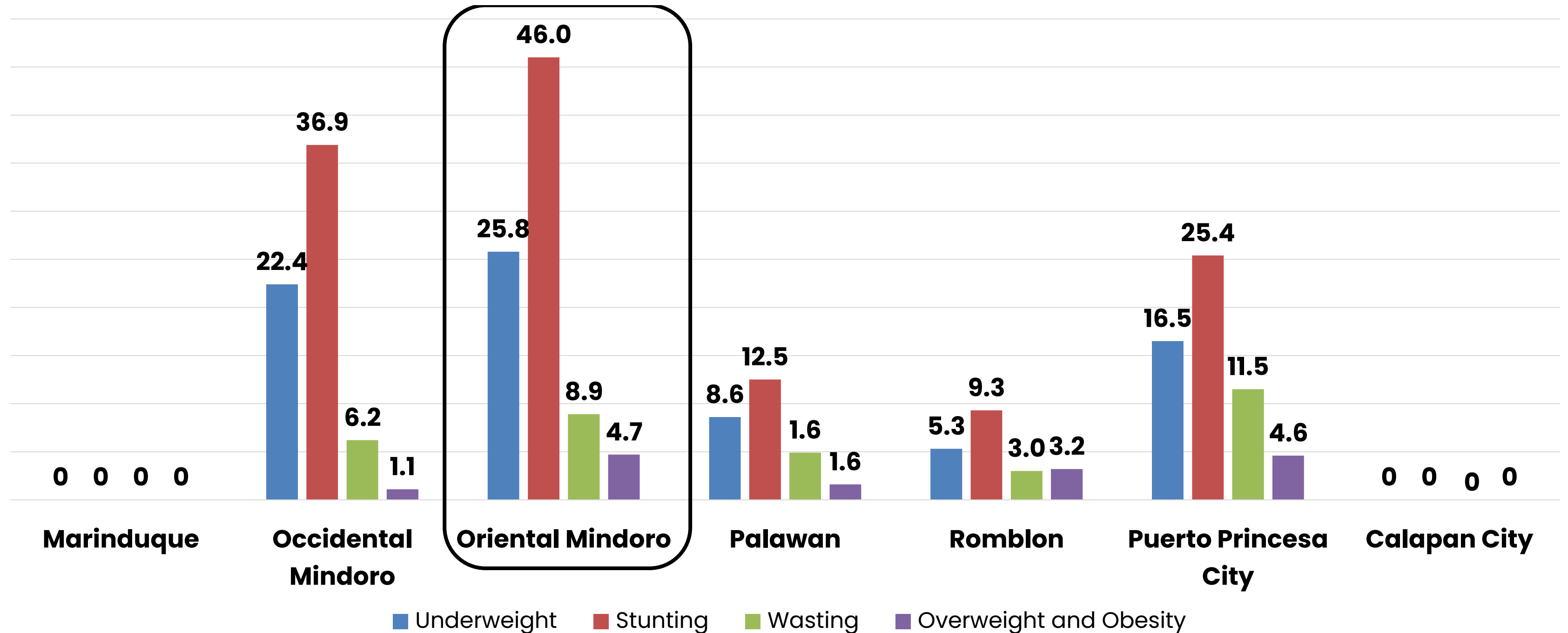


2022 Regional Summary: Indigenous Peoples (IPs)

| PROVINCE/CITY | NO. OF 0–59 MONTHS OLD INDIGENOUS PEOPLES (IPs) MEASURED |
|----------------------|---|
| Marinduque | 0 |
| Occidental Mindoro | 7,034 |
| Oriental Mindoro | 6,988 |
| Palawan | 31,660 |
| Romblon | 3,232 |
| Puerto Princesa City | 260 |



Prevalence Rate of Malnutrition among Indigenous Peoples (IPs) by Province/City





Ranking of Municipalities at the **Regional Level**





Top 10 Municipalities with Highest Prevalence of **Underweight** among 0–59 months old children in **MIMAROPA Region**

| RANK | MUNICIPALITY | COVERAGE (%) | TOTAL NUMBER OF SEVERELY UNDERWEIGHT AND UNDERWEIGHT PRESCHOOL CHILDREN | PREVALENCE (%) |
|------|----------------------------------|--------------|---|----------------|
| 1 | Mansalay, Oriental Mindoro | 55.64% | 1039 | 27.80% |
| 2 | Abra de Ilog, Occidental Mindoro | 85.34% | 889 | 25.71% |
| 3 | Paluan, Occidental Mindoro | 104.87% | 535 | 24.59% |
| 4 | Baco, Oriental Mindoro | 69.03% | 587 | 18.38% |
| 5 | Bulalacao, Oriental Mindoro | 92.52% | 768 | 17.24% |
| 6 | San Jose, Romblon | 63.87% | 141 | 16.69% |
| 7 | Bansud, Oriental Mindoro | 67.62% | 522 | 15.29% |
| 8 | Bongabong, Oriental Mindoro | 67.41% | 860 | 14.24% |
| 9 | Balabac, Palawan | 70.68% | 512 | 13.61% |
| 10 | Rizal, Palawan | 92.04% | 794 | 12.98% |



Top 10 Municipalities with Highest Prevalence of **Stunting** among 0–59 months old children in **MIMAROPA Region**

| RANK | MUNICIPALITY | COVERAGE (%) | TOTAL NUMBER OF SEVERELY STUNTED AND STUNTED PRESCHOOL CHILDREN | PREVALENCE (%) |
|------|----------------------------------|--------------|---|----------------|
| 1 | Mansalay, Oriental Mindoro | 55.64% | 1945 | 52.03% |
| 2 | Abra de Ilog, Occidental Mindoro | 85.34% | 1537 | 44.45% |
| 3 | Paluan, Occidental Mindoro | 104.87% | 920 | 42.28% |
| 4 | Bulalacao, Oriental Mindoro | 92.52% | 1599 | 35.89% |
| 5 | Baco, Oriental Mindoro | 69.03% | 1034 | 32.37% |
| 6 | Bansud, Oriental Mindoro | 67.62% | 1071 | 31.37% |
| 7 | Cagayancillo, Palawan | 49.15% | 116 | 28.57% |
| 8 | Bongabong, Oriental Mindoro | 67.41% | 1696 | 28.08% |
| 9 | San Teodoro, Oriental Mindoro | 69.59% | 409 | 26.40% |
| 10 | Victoria, Oriental Mindoro | 57.47% | 918 | 25.44% |



Top 10 Municipalities with Highest Prevalence of **Wasting** among 0–59 months old children in **MIMAROPA Region**

| RANK | MUNICIPALITY | COVERAGE (%) | TOTAL NUMBER OF SEVERELY WASTED AND WASTED PRESCHOOL CHILDREN | PREVALENCE (%) |
|------|-----------------------------|--------------|---|----------------|
| 1 | Balabac, Palawan | 70.68% | 460 | 12.22% |
| 2 | Mansalay, Oriental Mindoro | 55.64% | 438 | 11.72% |
| 3 | Bansud, Oriental Mindoro | 67.62% | 347 | 10.16% |
| 4 | San Jose, Romblon | 63.87% | 82 | 9.70% |
| 5 | Bulalacao, Oriental Mindoro | 92.52% | 429 | 9.63% |
| 6 | Pola, Oriental Mindoro | 53.70% | 214 | 9.24% |
| 7 | Cajidiocan, Romblon | 67.42% | 156 | 8.71% |
| 8 | Rizal, Palawan | 92.04% | 479 | 7.83% |
| 9 | Baco, Oriental Mindoro | 69.03% | 245 | 7.67% |
| 10 | Bongabong, Oriental Mindoro | 67.41% | 458 | 7.58% |



Ranking of Municipalities at the **National Level**





Top 10 Municipalities with Highest Prevalence of **Underweight** among 0–59 months old children in the **Philippines**

| RANK | REGION | MUNICIPALITY | TOTAL NUMBER OF SEVERELY UNDERWEIGHT AND UNDERWEIGHT PRESCHOOL CHILDREN | PREVALENCE (%) |
|------|--------------------------|----------------------------------|---|----------------|
| 1 | MIMAROPA (R4B) | Mansalay, Oriental Mindoro | 1039 | 27.8% |
| 2 | MIMAROPA (R4B) | Abra de Ilog, Occidental Mindoro | 889 | 25.7% |
| 3 | MIMAROPA (R4B) | Paluan, Occidental Mindoro | 535 | 24.6% |
| 4 | BARMM | Tabuan-Lasa, Basilan | 358 | 23.1% |
| 5 | Zamboanga Peninsula (R9) | Sirawai, Zamboanga del Norte | 449 | 21.5% |
| 6 | Eastern Visayas (R8) | Matuguinao, Samar | 152 | 21.3% |
| 7 | BARMM | Ungkaya Pukan, Basilan | 289 | 21.1% |
| 8 | CALABARZON (R4A) | Jomalig, Quezon | 114 | 20.8% |
| 9 | Zamboanga Peninsula (R9) | Kumalarang, Zamboanga del Sur | 337 | 20.5% |
| 10 | Eastern Visayas (R8) | Hinabangan, Samar | 218 | 19.2% |

Source: NNC Central Office



Top 10 Municipalities with Highest Prevalence of **Stunting** among 0–59 months old children in the **Philippines**

| RANK | REGION | MUNICIPALITY | TOTAL NUMBER OF SEVERELY STUNTED AND STUNTED PRESCHOOL CHILDREN | PREVALENCE (%) |
|------|----------------------|----------------------------------|---|----------------|
| 1 | MIMAROPA (R4B) | Mansalay, Oriental Mindoro | 1945 | 52.03% |
| 2 | MIMAROPA (R4B) | Abra de Ilog, Occidental Mindoro | 1537 | 44.45% |
| 3 | MIMAROPA (R4B) | Paluan, Occidental Mindoro | 920 | 42.28% |
| 4 | Eastern Visayas (R8) | Hinabangan, Samar | 469 | 41.2% |
| 5 | BARMM | Tabuan-Lasa, Basilan | 639 | 41.2% |
| 6 | BARMM | Ungkaya Pukan, Basilan | 563 | 41.2% |
| 7 | Eastern Visayas (R8) | Matuguiniao, Samar | 288 | 40.4% |
| 8 | BARMM | Sumisip, Basilan | 1126 | 36.5% |
| 9 | MIMAROPA (R4B) | Bulalacao, Oriental Mindoro | 1599 | 35.9% |
| 10 | Eastern Visayas (R8) | San Sebastian, Samar | 216 | 35.6% |

Source: NNC Central Office



Top 10 Municipalities with Highest Prevalence of **Wasting** among 0–59 months old children in the **Philippines**

| RANK | REGION | MUNICIPALITY | TOTAL NUMBER OF SEVERELY WASTED AND WASTED PRESCHOOL CHILDREN | PREVALENCE (%) |
|------|--------------------------|-----------------------------|---|----------------|
| 1 | CALABARZON (R4A) | Pililla, Quezon | 863 | 16.8% |
| 2 | BARMM | Mapun, Tawi-Tawi | 255 | 14.3% |
| 3 | Cagayan Valley (R2) | Divilacan, Iligan | 42 | 12.9% |
| 4 | Zamboanga Peninsula (R9) | Siocon, Zamboanga del Norte | 383 | 12.7% |
| 5 | CALABARZON (R4A) | Jomalig, Quezon | 68 | 12.4% |
| 6 | Central Luzon (R3) | Masantol, Pampanga | 490 | 12.2% |
| 7 | MIMAROPA (R4B) | Balabac, Palawan | 460 | 12.2% |
| 8 | Cagayan Valley (R2) | San Isidro, Isabela | 174 | 11.8% |
| 9 | MIMAROPA (R4B) | Mansalay, Oriental Mindoro | 438 | 11.7% |
| 10 | Bicol Region (R5) | Mandaon, Masbate | 421 | 11.3% |

Source: NNC Central Office



Summary of 2022 MIMAROPA e-OPT Plus Results

- 2022 Regional Malnutrition Prevalence Rates were as follows:
 - *7.9% for Underweight*
 - *13.7% for Stunting, and*
 - *4.1% for Wasting.*
- Overall, 47,143 (17.1%) under-five children were affected by undernutrition while 9,546 (3.5%) under-five children for overnutrition.
- Oriental Mindoro ranked first with the highest prevalence rates in all forms of malnutrition (*underweight, stunting, wasting, and overweight and obesity*).



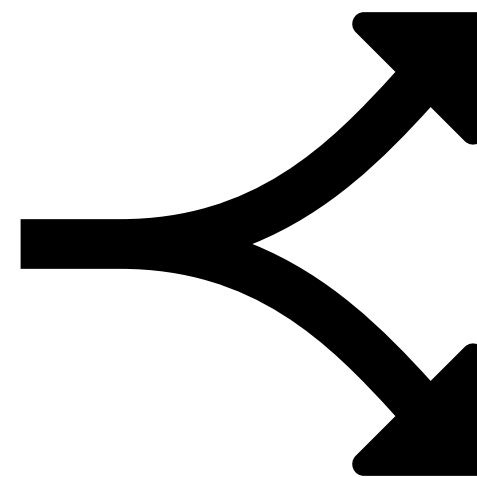
Summary of 2022 MIMAROPA e-OPT Plus Results

- For IPs, Oriental Mindoro ranked first with the highest prevalence rates in all forms of malnutrition (*underweight, stunting, wasting, and overweight and obesity*).
- Mansalay, Oriental Mindoro and Abra de Ilog, Occidental Mindoro ranked the first and second with the highest prevalence rates of underweight and stunting regionwide, respectively.
- Balabac, Palawan ranked the first with the highest prevalence rate of wasting.



Call to Action: Local Government Units

**Increase
e-OPT Plus
coverage by
at least 80%**



**Generate more meaningful data
for nutrition program planning
and intervention at the local level**

**Assess the effectiveness of local
nutrition programs implemented**

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